



**Liz Ogborne**  
Coaching and  
Development



**COACHING  
WORKSHOP  
FOR WOMEN**


# Confident Communication

Would you like to  
**communicate more  
confidently** and **increase  
your impact at work  
and at home?**

This workshop is for you!

Come and enjoy some practical exercises, stretch-zone activities and plenty of fun – plus coaching and support from me, an experienced and accredited coach and facilitator.

You can expect to leave feeling more confident and ready to speak up!



Our venue is  
**Upper Reaches  
Barge**, moored beside  
Double Puc Café, near  
Valentine's Bridge, Temple  
Quay BS2 oDW

**Saturday 16th March**  
**10am–1pm**

**£35** inc pastries on arrival &  
drinks (first time only low price!)

**Parking nearby:** On-street if  
available or Gardiner Haskins,  
Unity St, BS2 oHN

Register **here**.

[www.lizogborne.coach](http://www.lizogborne.coach)

**More info:**

[info@lizogborne.coach](mailto:info@lizogborne.coach)